



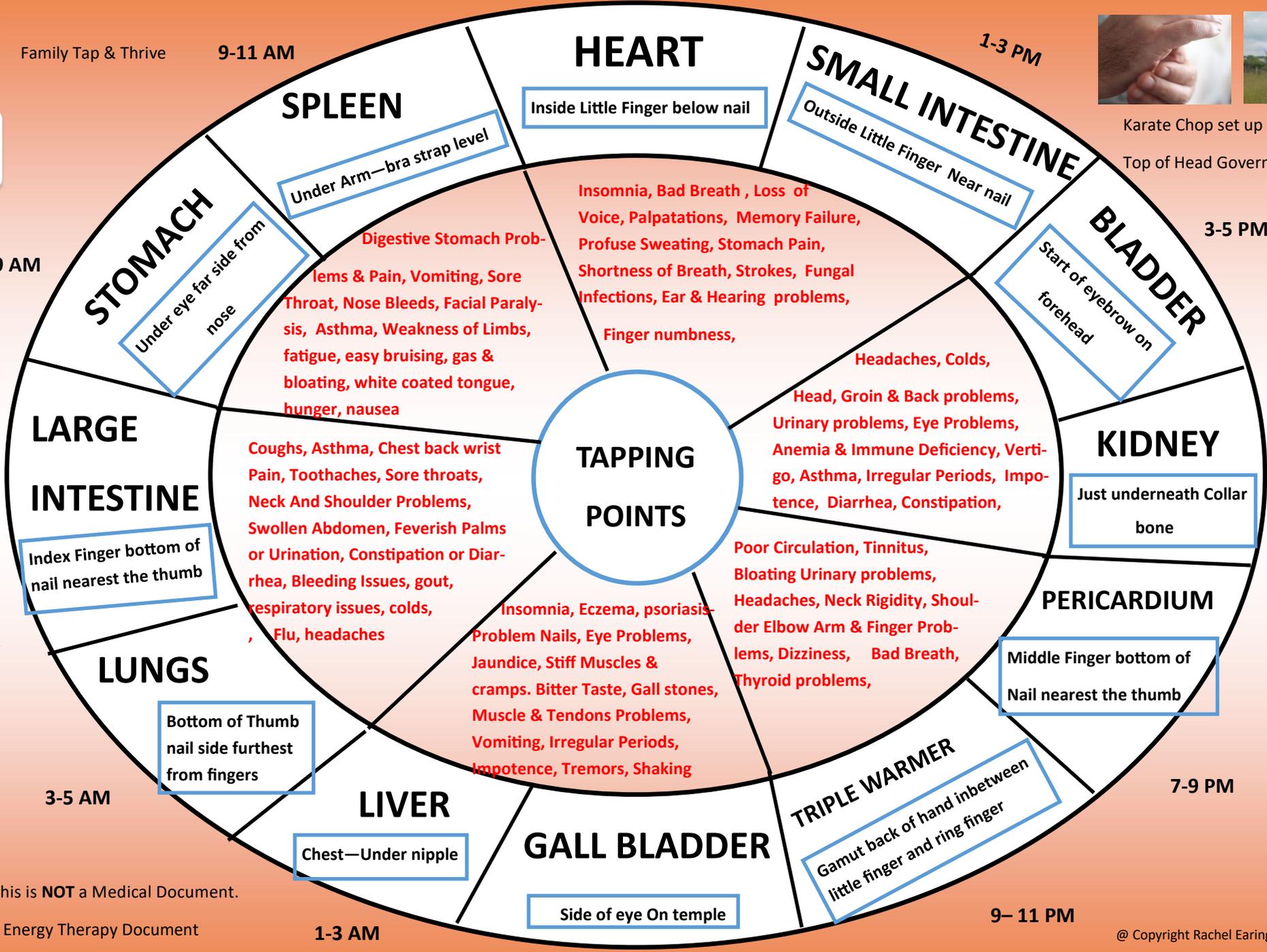
Family Tap & Thrive



Karate Chop set up point

Top of Head Governing Point

7-9 AM
5-7 AM
Tap for approx 30 Seconds on each point



DISCLAIMER: This is NOT a Medical Document. It is a Meridian Energy Therapy Document

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